Inside this issue:

VCU PM&R UPDATE

CENC Update & Accomplishments:
2017-18 updates for Dept PM&R “Chronic Effects of Neurotrauma Consortium” (multicenter, research collaboration b/t VA & DoD, jointly funded for $62.2 million, linking basic, translational, & clinical neuroscience research to effectively address TBI) and its long-term effects include:

- Established Study Coordination Cores for 10 research projects & grants (7 funded), scientific pubs’ (>75), & research pub’s (>30)
- Successfully initiated 10 research studies, with >1,800 subjects
- Established the standardized mild TBI research assessment protocol
- Established database of > 1.6 million
- Established standardized animal model for concussion injury
- Established a nationwide, coordinated research development, oversight and implementation network

VCU Cancer Rehab Expansion:
VCU PM&R is expanding oncologic rehab services along with linkages to Massey Cancer Ctr & our community partners (Sheltering Arms). Key leaders will include Will Carter, MD, Suzanne Taylor, OTR, PhD & Macon Sizemore, PT, MHA

VCU & “The Abstract Athlete”
VCU Dept PM&R (led by Dr Kathy Dec) is partnering w/ VCU School of Arts for a unique and exciting partnership entitled “The Abstract Athlete”, which explores the realities of being an artist & an athlete. Events will include: a month-long gallery exhibit & a half day “Symposium”. Future “Stages” will amplify importance of Art in optimizing recovery from trauma, cancer, and other disabilities and expanding advocacy, clinical, education, & research opportunities.

Leadership Updates at McGuire VAMC:

- Ajit Pai has stepped down as Chief of PM&R (moving to NJ) & will continue consultant telework w/ McGuire VAMC.
- Allison Hickman (Med. Dir. PM&R Clinics) and Joseph Webster (Med. Dir. Telerehab) are Interim Co-Chiefs until a new Chief is recruited.
- Wm Robbins has taken over as the Medi. Dir. Service member Transitional Advanced Rehab (STAR), the only one of its kind in the VA Health Administration.

Headache Ctr Funded
McGuire VAMC PM&R & Neurology received $1.14M to create a regional “Headache Center of Excellence”. With this funding, McGuire will create a multidisciplinary, integrative health care program to treat Veterans and Active Duty Service members.

New Concussion & TBI Grant:
Kathy Dec MD - Co-Director with Dr. O’Meara and Dr. Miller-Ferguson on a Children’s Hospital Foundation Grant for 3.9 million dollar grant for concussion and traumatic brain injury.

New CNI Grants Announced:
Jeff Kreutzer and Amy Armstrong received a 3-yr, $450K grant entitled, “Enhancing Parenting Skills of Civilians and Veterans with TBI & their Partners”.

Drs. Melody Mickens & Lance Goetz awarded $440K over 3 yrs by CNI to establish a Virginia SCI Outreach Services in collaboration with VCU, Sheltering Arms, McGuire VAMC, United Spinal Assn of VA, Sportable, Paralyzed Veterans of America, and Woodrow Wilson Workforce Rehab Ctr.

Elizabeth Getzel, PhD (RRTC-Supported Employment) received $440K for the 3-yr “Project Achieve: Using Cognitive Support Technology to Assist Women Veterans w/ TBI or SCI to Achieve Postsecondary Education and Careers”
PM&R Faculty Updates

• **Kathy Dec, MD** - Hosted Dr. Hilde Moseby Berge, CMO for Norwegian Paralympic Team & Past President of Scandinavian Foundation of Med & Science in Sports.

• **Gary Goldberg, MD**: presented at Biosemiotics (UC Berkeley): “Biosemiotics, Naturalisms Divided Vertebrate Cerebrum.”

• **William Walker, MD**, Director of the Defense & Veterans BI Ctr (Mcguire VAMC) - presented a review on “TBI diagnostic criteria” for The Chronic Effects of Neurotrauma Consortium.

• **David Cifu, MD**, VCU PM&R Chair - presented “Chronic Traumatic Encephalopathy”: Clinician’s Guide to Management

• **Ashraf Gorgey, PhD** - nominated as a fellow of the Amer Congress of Rehabilitation Medicine

NEW PM&R Faculty/Staff beginning summer 2018:

• “Jenny” Salomonsky begins as new Residency Program Coordinator. She brings excitement & energy to VCU PM&R!

• **Mary Wells, PhD**—Neuropsychology & Tx of chronic pain, sleep disorder.

• **Kris Schultz, PhD**—Research methodologist for CERSE. Aiding in study design, data analysis, grant writing

• **Russ Lacey, MD**—TBI and concussion

• **Jess Hupe, MD**—General rehab, MSK, stroke management,

• **Olivier Rolin, MD** - Pediatric PM&R, Concussion/TBI

**Samuel Clanton, MD, PhD**—TBI & research at Sheltering Arms

2018 RESIDENT GRADS begin new careers

**Chris Arbonies, MD**—Gen Rehab, Oshner Clinic, New Orleans

**Chris Beal, DO**—VCU Pain Fellowship

**Jess Hupe, MD**—VCU General Rehab

**Russ Lacey, MD**—VCU TBI rehab

**Rondy Lazaro, MD**—Sp Med Fellowship, Bon Secours & VCU

**Seth Haywood, MD**—(VAMC Integrative Pain)

**Olivier Rolin, MD** - VCU Pediatric Rehab

2017-18 PM&R ANNUAL AWARDS

Several annual dept awards were conferred at the PM&R Resident / Graduation Dinner (June), including:

“Flax Resident Academic Leadership Award”

**Dr Chris Beal**

“Faculty Teaching Excellence Award”

**Dr Katherine Dec**

“Research Award” : **Dr Rondy Lazaro**

“Best Grand Rounds Award”: **Drs Russ Lacey**
Alumni in The News!

- **Kathy Dec** (93) - Provided exchange lectures (as immediate past-president of American Medical Soc for Sports Med) at the American College of Sports Medicine.
- **Darryl Kaelin** (95) - Currently serving as President of American Academy of PM&R. Look for him at the annual mtg in Orlando In October
- **Jeff Johns** (99) - Currently serving as President of Asso SCI Professionals. Look for him at the annual mtg in New Orleans In Sept. Elected to a 6-year term on the Board of Amer Board of PM&R
- **Jeremy Beckworth** (06) - Co-director of the Emory Spine Ctr, the largest academic spine center in the US.
- **Fred Dery** (09) - named the Iowa Chapter President for ASIPP- Amer Soc Interventional Pain Physicians
- **Jeremy Hoff** (11) - Took a position in pain management divi. of EmergeOrthopedics, Wilmington, NC. Also conducting research on "stem cell" & PRP injections. Devon & 3 kids are excited @ the move to Wrightsville Beach.
- **Nick Jasper** (11) - married Natalie White on April 21. Congrats Nick & Nat!
- **David Powell** (14) – Congrats on recent marriage to new wife Sarah
- **Teresa Kerge** (15) - living in Fairfax, VA, working at “Virginia Interventional Spine Asso” in Fredericksburg, VA. Recently traveled to New Zealand x 2 wks.
- **Anne Eliason** (17) - relocated to Atlanta, GA to work w/ Kaiser Permanente in Pain Management
- **Jack Smith** (17) and Laura welcome baby Ally to join brother Jack. Congratulations!
- **Rebecca Shoemaker** (Pain Fellow ’17) - recently joined Hampton Roads Ortho & Sports Medicine

VCU & VAMC PM&R “FELLOWS” FOR 2018–19

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<tr>
<th>PAIN Medicine: Chris Beal DO</th>
<th>PAIN Medicine: Ashley Rodgers MD</th>
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<tbody>
<tr>
<td>PAIN Medicine: Maimouna Bah MD</td>
<td>PAIN Medicine: Nick Maximiv DO</td>
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<td>Amputee/MSK: Young II Seo MD</td>
<td>Integrative Health &amp; Pain: Seth Haywood MD</td>
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<td>Sports Medicine (w/ Bon Secours): Rondy Lazaro MD</td>
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VCU PM&R and Alumni Get Published!

- **Beckworth W, Holbrook, et al.** Atherosclerotic Dz & Relationship to DDD & Stenosis w/ CTA, PM&R (10)4, 331-337, 2018
- **Beal C, Gorgey A, et al.** Vitamin D may influence total cholesterol & carbohydrate w/ Chronic SCI. Jnl Sp Cord Med. 41(4), 459-70, 2018
- **Goldberg G.** Temporal naturalism, free will and the Cartesian Myth: AJOB Neuroscience 9(1):1-4, 2018
- **Gorgey A, Gater D, et al.** Gender Dimorphism in Central Adiposity After SCI, PM&R (10) 4, 338-48, 2018
- **Herring S, Dec K:** Female Athlete Issues for Team Physicians: Consensus—2017 Update Sp Med : 17(5) -163–71, 2018
- **Inge K, Wehman P, et al.** Barriers and Facilitators to Employment in SCI. Jnl Rehab. 82 (2), 22-32. 2018
- **Inge K, Wehman, P. et al.** Defining Employment as an Evidence-Based Practice: Jnl Voc Rehab 48 (2). 2018
- **Darter B, Wehman P. Factors influencing Outcomes and Return-to-work After Amputation Jnl Occup Rehab s10926-018. 2018
- **Walker W, Marwitz J, et al.** Predicting long-term global outcome after TBI. J Neurotrauma., 35: 1587-95, 2018
- **Walker WC Cifu D, et al.** “Chronic Effects of Neurotrauma Consortium (CENC) multicenter study interim analysis: Differences between participants with positive versus negative mild TBI histories.” Brain Inj 31:1-11. 2018
RESIDENT’S CORNER

RESIDENTS WIN 2018 “CHALLENGE CUP”

Congratulations to **PM&R Residents** for winning this year’s **“Resident-Faculty challenge”**, in a closely contested CORNHOLE event. Residents were led by: Seth Haywood, Rondy Lazaro, Chris Beal, Randy Jenkins...Faculty fought boldly behind: Drs McKinley, McAvoy, Hickman & McGowan Until next year...

PM&R WELCOMES NEW PGY-2 RESIDENTS (CLASS OF 2021)

⇒HARNEK BAJAJ MD (VCU)  
⇒TRAVIS BRIDGES DO (CAMPBELL COM)  
⇒BRIAN DENA DO (UNIV NO TEXAS)  
⇒RENAE FISHER MD (JEFFERSON)  
⇒KEVIN FORSTER DO (LAKE ERIE COM)  
⇒JAMES UNDERWOOD MD (GEORGETOWN)

PM&R MATCHES for Class of 2022 residency:

♦ RAJ CHAGGAR (VCU)  
♦ KYLE JISA (NEBRASKA)  
♦ KYLE MARDEN (COOPER)  
♦ GRAHAM MCRARY (UNC)  
♦ BRENNA WRIGHT (OHIO STATE)  
♦ ANTHONY ZENGER (VCU)

Sean Hoge, MD and Tim Korshin MD have taken over as regional managing editors for **Rehab in Review** a national monthly newsletter which summarizes PM&R-relevant articles found in a variety of journals. Each month, VCU submits articles to Rehab in Review for possible publication. Great work!

UPDATE US !!!

Please take a moment to tell us noteworthy news about you, your job, and/or your family, new practice opportunities, certifications, grants, presentations, papers, relocation, travel, etc.). Send updates to Dr. William McKinley, VCU PM&R, Box 980661, Richmond, VA 23298-0661 FAX# (804) 828-5074 E-MAIL William.McKinley@vcuhealth.org

We’re on the web... http://www.pmr.vcu.edu