

# VCU PAIN MEDICINE FELLOWSHIP

## MEET THE PROGRAM DIRECTOR

Specialty: Pain Medicine

Clinical Interests: Neuromodulation



### ANDREW W. CHAPMAN, MD

Dr. Chapman currently serves as the Pain Medicine Program Director and is an Assistant Clinical Professor in both the Departments of Anesthesiology and PM&R at Virginia Commonwealth University Health System. Dr. Chapman is the director for the Chronic Pain Division at VCU Health where his clinical interests focus on Neuromodulation. Dr. Chapman is experienced in all forms of spinal cord stimulation including DRG does a high volume of implant procedures annually. He is also experienced and skilled with Balloon Kyphoplasty, minimally invasive lumbar decompression (MILD), Basivertebral nerve ablation (Intrasept), and minimally invasive spinal fusion devices like Minuteman. Dr. Chapman has been published on topics including complications following cervical RFA as well as rational chronic opioid tapering. His research interests include application of neuromodulation for high risk patients. Dr. Chapman earned his medical degree at The University at Buffalo School of Medicine and completed his Anesthesia residency training at Virginia Commonwealth University School of Medicine and Health System after his internship at The Madigan Army Medical Center. He received undergraduate degrees in both Biology and European History from Washington and Lee University. Dr. Chapman served as an army flight surgeon for 4 years before residency with the 101st Airborne Division, including two combat tours in Afghanistan.



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# Pain Program Faculty

## THE AWESOME PEOPLE BEHIND THE PROGRAM



**ROBERT J TRAINER DO, MBA, FASAM, PAIN FELLOWSHIP SITE DIRECTOR, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM, ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY**

**Medical School:** New York College of Osteopathic Medicine

**Residency:** Stony Brook University, Anesthesiology

**Fellowship:** Fellowship BIDMC at Harvard, Pain Medicine

**Clinical Interests:** Neuromodulation, treatment strategies for coexisting addiction and pain



**JOSH LEE, MD ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY AFFILIATE PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION**

**Medical School:** VCU School of Medicine

**Residency:** VCU Health, Anesthesiology

**Fellowship:** VCU Health, Pain Medicine

**Clinical Interests:** Neuromodulation, vertebral augmentation, minimally invasive spine/Pain procedures, perioperative pain management

**Hobbies:** Weight training/cardio exercise, hiking/outdoor recreation



**DAVID F. DRAKE, MD ASSISTANT PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION MEDICAL DIRECTOR, INTERVENTIONAL PAIN CLINIC, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM**

**Medical School:** University of Nevada School of Medicine

**Residency:** Virginia Commonwealth University, PM&R

**Fellowship:** Virginia Commonwealth University, Pain Medicine

**Clinical Interests:** Integrative health and wellness/integrative pain medicine

**Interesting Fact:** Enjoys writing poetry and practicing Martial Arts

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**DENISE D. LESTER, MD, DIRECTOR, PERIPHERAL NERVE NEUROMODULATION, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM, ATTENDING PAIN PHYSICIAN, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM VA MEDICAL CENTER, VICE CHAIRMAN IRB, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM**

**Medical School:** University of Medicine and Dentistry of New Jersey, New Jersey School of Medicine

**Residency and Pain Training:** Thomas Jefferson University Hospital, Anesthesiology and Pain Training

**Board Certified:** Addiction Medicine

**Clinical Interests:** Peripheral Nerve Stimulation and research

**Interesting Fact:** Long Distance Runner and Fitness Instructor



**MEENAKSHI BINDAL, MD, ASSISTANT PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM**

**Medical School:** Drexel University College of Medicine

**Residency:** John Hopkins Hospital, PM&R

**Fellowship:** University of Virginia, Pain Medicine

**Clinical Interests:** Functional medicine, acupuncture, and non-pharmacologic pain management

**Interesting Fact:** I wanted to be a fashion designer



**NICOLAS MAXYMIV, DO, MS ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY**

**Medical School:** Edward Via College of Osteopathic Medicine

**Residency:** VCU Health Anesthesiology

**Fellowship:** VCU Health Pain Medicine

**Clinical Interests:** Vertebral augmentation, spinal tumor radiofrequency ablation, neuromodulation

**Interesting Fact:** Had twin girls in his first year of medical school

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**DANIEL TSUKANOV, DO  
ASSISTANT PROFESSOR, DEPARTMENT OF  
PHYSICAL MEDICINE AND REHABILITATION  
CENTRAL VIRGINIA VA HEALTH CARE SYSTEM**

**Medical School:** University of New England College of Osteopathic Medicine

**Residency:** Nassau University Medical Center, PM&R

**Fellowship:** Montefiore Medical Center, Sports Medicine

**Clinical Interests:** Peripheral nerve stimulation, orthobiologics, ultrasound



**MARY WELLS, PHD, ASSISTANT PROFESSOR,  
DEPARTMENT OF PHYSICAL MEDICINE AND  
REHABILITATION**

**Undergraduate:** Virginia Commonwealth University, BS Psychology

**Graduate:** The George Washington University, PhD Clinical Psychology

**Internship 1:** VCU Counseling Service in Richmond, VA

**Internship 2:** Saint Elizabeth Hospital, Washington DC, Group Psychotherapy

**Residency:** Washington Pain and Rehabilitation Center in Washington, DC.

**Clinical Interests:** Pain psychology, hypnosis

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