MEET THE PROGRAM DIRECTOR

Specialty: Pain Medicine
Clinical Interests: Neuromodulation

Dr. Chapman currently serves as the Pain Medicine Program Director and is an Assistant Clinical Professor in both the Departments of Anesthesiology and PM&R at Virginia Commonwealth University Health System. Dr. Chapman is the director for the Chronic Pain Division at VCU Health where his clinical interests focus on Neuromodulation. Dr. Chapman is experienced in all forms of spinal cord stimulation including DRG does a high volume of implant procedures annually. He is also experienced and skilled with Balloon Kyphoplasty, minimally invasive lumbar decompression (MILD), Basivertebral nerve ablation (Intracept), and minimally invasive spinal fusion devices like Minuteman. Dr. Chapman has been published on topics including complications following cervical RFA as well as rational chronic opioid tapering. His research interests include application of neuromodulation for high risk patients.

Dr. Chapman earned his medical degree at The University at Buffalo School of Medicine and completed his Anesthesia residency training at Virginia Commonwealth University School of Medicine and Health System after his internship at The Madigan Army Medical Center. He received undergraduate degrees in both Biology and European History from Washington and Lee University. Dr. Chapman served as an army flight surgeon for 4 years before residency with the 101st Airborne Division, including two combat tours in Afghanistan.
Pain Program Faculty
THE AWESOME PEOPLE BEHIND THE PROGRAM

ROBERT J TRAINER DO, MBA, FASAM, PAIN FELLOWSHIP SITE DIRECTOR, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM, ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY
Medical School: New York College of Osteopathic Medicine
Residency: Stony Brook University, Anesthesiology
Fellowship: Fellowship BIDMC at Harvard, Pain Medicine
Clinical Interests: Neuromodulation, treatment strategies for coexisting addiction and pain

JOSH LEE, MD ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY AFFILIATE PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
Medical School: VCU School of Medicine
Residency: VCU Health, Anesthesiology
Fellowship: VCU Health, Pain Medicine
Clinical Interests: Neuromodulation, vertebral augmentation, minimally invasive spine/Pain procedures, perioperative pain management
Hobbies: Weight training/cardio exercise, hiking/outdoor recreation

DAVID F. DRAKE, MD ASSISTANT PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION MEDICAL DIRECTOR, INTERVENTIONAL PAIN CLINIC, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM
Medical School: University of Nevada School of Medicine
Residency: Virginia Commonwealth University, PM&R
Fellowship: Virginia Commonwealth University, Pain Medicine
Clinical Interests: Integrative health and wellness/integrative pain medicine
Interesting Fact: Enjoys writing poetry and practicing Martial Arts
NICOLAS MAXYMIV, DO, MS ASSISTANT PROFESSOR, DEPARTMENT OF ANESTHESIOLOGY

Medical School: Edward Via College of Osteopathic Medicine
Residency: VCU Health Anesthesiology
Fellowship: VCU Health Pain Medicine
Clinical Interests: Vertebral augmentation, spinal tumor resection, radiofrequency ablation, neuromodulation
Interesting Fact: Had twin girls in his first year of medical school

DENISE D. LESTER, MD, DIRECTOR, PERIPHERAL NERVE NEUROMODULATION, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM, ATTENDING PAIN PHYSICIAN, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM VA MEDICAL CENTER, VICE CHAIRMAN IRB, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM

Medical School: University of Medicine and Dentistry of New Jersey, New Jersey School of Medicine
Residency and Pain Training: Thomas Jefferson University Hospital, Anesthesiology and Pain Training
Board Certified: Addiction Medicine
Clinical Interests: Peripheral Nerve Stimulation and research
Interesting Fact: Long Distance Runner and Fitness Instructor

MEENAKSHI BINDAL, MD, ASSISTANT PROFESSOR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION, CENTRAL VIRGINIA VA HEALTH CARE SYSTEM

Medical School: Drexel University College of Medicine
Residency: John Hopkins Hospital, PM&R
Fellowship: University of Virginia, Pain Medicine
Clinical Interests: Functional medicine, acupuncture, and non-pharmacologic pain management
Interesting Fact: I wanted to be a fashion designer
DANIEL TSUKANOV, DO
ASSISTANT PROFESSOR, DEPARTMENT OF
PHYSICAL MEDICINE AND REHABILITATION
CENTRAL VIRGINIA VA HEALTH CARE SYSTEM

Medical School: University of New England College of Osteopathic Medicine
Residency: Nassau University Medical Center, PM&R
Fellowship: Montefiore Medical Center, Sports Medicine
Clinical Interests: Peripheral nerve stimulation, orthobiologics, ultrasound

MARY WELLS, PHD, ASSISTANT PROFESSOR,
DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

Undergraduate: Virginia Commonwealth University, BS Psychology
Graduate: The George Washington University, PhD Clinical Psychology
Internship 1: VCU Counseling Service in Richmond, VA
Internship 2: Saint Elizabeth Hospital, Washington DC, Group Psychotherapy
Residency: Washington Pain and Rehabilitation Center in Washington, DC.
Clinical Interests: Pain psychology, hypnosis