

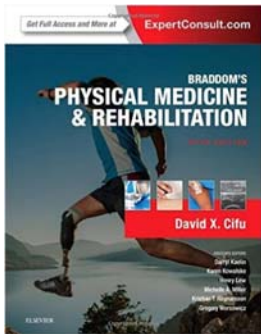
VCU PM&R UPDATE

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VCU PM&R Department Updates

Cifu editor of newest PM&R textbook. VCU faculty & alumni contribute heavily:



Dr. David Cifu is the new Editor-in-Chief of the 5th edition of “**Braddom’s PM&R**” text, published 2015, by

Elsevier). Associate Ed’s include current or former VCU PM&R grads/faculty: **Darryl Kaelin, Henry Lew & Michelle Miller**. Chapter authors included several current or former VCU Dept PM&R faculty, including:

⇒ **Mike DePalma** (“Common Neck Problems”),

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Editor:

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For more information about the Dept .PM&R, faculty, publications, residents...visit our Website

Http: //www.pmr.vcu.edu

Or call Wanda Allen at

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- ⇒ **Dave Drake** (“Integrative Medicine”),
- ⇒ **Lance Goetz** (“Bladder Dysfunction”),
- ⇒ **Richard Salcido** (“Chronic Wounds”),
- ⇒ **Doug Murphy & Joe Webster** (“Lower Limb Amputation & Gait”),
- ⇒ **Michelle Miller** (“History & Exam of the Pediatric Patient”),
- ⇒ **Christian Niedzwecki** (“Cerebral Palsy”),
- ⇒ **Abu Qutubuddin** (“Degenerative Movement Disorders of the CNS”).

Advanced Rehabilitation Research Training Project:

Jeffrey Kreutzer, PhD and VCU Dept PM&R will direct a 5-year, \$150K project (funded by National Institute on Disability, Independent Living, and Rehabilitation Research – NIDILRR) entitled:

“Neurobehavioral recovery & intervention after Neurological disability”. Dr. Kreutzer cites the many strengths of VCU, including:

- Specific experience & research funding & training
- High rate of productivity from previously trained fellows; fellows published > 30 papers (peer reviewed scientific journals) & presented lectures at >50 national mtgs

Dr. Kreutzer states “VCU is an ideal

environment for interdisciplinary research training w/ many internationally known researchers/teachers in a variety of depts. Also, we hold several ongoing neuroscience and brain injury related research grants; projects within these grants serve as great opportunities for applied training”.



DOD Grant Initiated:

Ashraf Gorgey, PhD & Will Carter, MD recently received a Dept of Defense (DOD) funded grant, entitled: **“Skeletal Muscle Hypertrophy & Cardio-Metabolic Benefits after Spinal Cord Injury”**. It’s specific objectives are to compare different paradigms of functional electrical stimulation (FES) on oxygen uptake, insulin sensitivity & body composition. Dr. Gorgey’s hope is that these studies could have significant effects on people w/ SCI. He states “There is a major need to investigate mechanisms that maximize the benefits of FES applications and to understand cellular or molecular events asso w/ muscle hypertrophy & promoting metabolic health after SCI. The designed study will provide a greater understanding regarding utilization of energy sources (like fats and sugars) in muscle cells in response to different modes of training.”

Conference Updates

40th Annual VCU Brain Injury Rehabilitation Conference: “Practical Solutions to Real World Problems:” :

(May 5-6, 2016)

Williamsburg, VA

(Please visit the conference web site at

www.williamsburgtbconference.com



The annual VCU PM&R **Pain Symposium** was held, **October 16-18, 2015**



3rd Annual Jeff Ericksen Musculoskeletal lectureship will be held on **March 25, 2016** at VCU. **Joel Baumgartner, MD**

(Minnesota) is scheduled to be this year's keynote speaker .

UPDATE US !!!

Please take a moment to tell us noteworthy news about you, your job, and/or your family, new practice opportunities, certifications, grants, presentations, papers, relocation, travel, etc. Send updates to

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PM&R FACULTY UPDATES

Doug Murphy MD and **Mohammad Agha, MD** were coeditors on a new musculoskeletal ultrasound book entitled "Guide to Musculoskeletal Injections with Ultrasound" which has been released. It's aimed at beginners doing musculoskeletal ultrasound injections, and is available on the Demos Medical and Amazon websites.

Lance Goetz MD, Congrats on being nominated/elected to Board of Directors, American Paraplegia Soc, also presented “Supported employment for veterans w/ SCI” at UVA Dept PM&R GR’s

Tim Hudson MD—has returned to VCU and McGuire VAMC as a general outpt physiatrist w/ interest in **integrative/alternative medicine and acupuncture**. He is a graduate of Ohio State Univ COM, Univ Colorado PM&R resident and VCU SCI fellowship. He also completed training in traditional Chinese medicine-style acupuncture in 2014 from the Academy of Pain Research.

Welcome Rondia Smith!

Sharondia (Rondia) Smith joined our team as GME Coordinator, a new position for PM&R. Previously Rondia worked 10 years as the residency & fellowship coordinator for the Department of Dermatology. Her PM&R duties include supporting our Pain medicine & SCI fellowships, exploring new programs and general oversight support of our residency program.

Pain Fellowship Update

Dr. David Drake was appointed the interim Program Director for the Pain Medicine Fellowship training program. Dr. Drake played an integral role in establishing the pain medicine fellowship in 2001, and served as its director until 2005. Dr. Drake is committed to the continuity of the quality of didactic and clinical education of the fellows. We remain grateful for all **Dr. Maged Hamza** has done and appreciate his excellent leadership over the past 7 years.

Mindy Kahn, 1958 -2015 - Our beloved Rehab team member, Melinda “Mindy” Kahn, passed away on December 18th, 2015 after a short battle with cancer. Mindy spent her 30 year nursing career in Rehab. Her dedication, leadership, expert care, compassion and humor will live on in the staff, residents, faculty, patients and families who she touched and positively influenced. We will remember Mindy with love and appreciation.

Recent VCU Dept PM&R Presentations:

Rondy Lazaro, MD (PGY-2 resident) was accepted to participate in the AAP “**Rehabilitation Medicine Scientist Training Program**” (RMSTP) which provides research training, mentorship and career development for physiatrists committed to productive careers in academic medicine & research. Resident Participants engage in a 3-phase process spanning 8 years with an aim to increase the number of trained, and scientifically productive faculty members in PM&R.

Greg Condie, DO (PGY-4 resident) and **Dr. David Drake** - had their abstract, “**Battlefield Acupuncture Training in Residency**”, accepted for *Poster* presentation at 2016 AAP Mtg in February.

Rachel Asher & Dr. William McKinley—had abstract, “**Familial Dynamics and Healthcare Readiness Associated with Rare Disorders and Diagnostic Delays**” accepted to AAP.

Earl Craig to Deliver 2016 “Alumni Presentation”

VCU PM&R is proud to welcome **Earl Craig, MD** for our “**18th annual PM&R Alumni Lectureship**” (June 10th, 2016). Dr. Craig, a ‘96 VCU PM&R grad, is Asso Prof & Medical Director of inpatient Rehabilitation at Indiana Dept PM&R.

All are encouraged to attend Dr. Craig’s presentation & the reception to follow.

Alumni In The News!!!

Darryl Kaelin (95)- elected VP of Amer Acad PM&R & named Vice Chair of PM&R:Dept Neurosurgery, Univ Louisville.

Deb Stewart (95) - Attended World's Cycling championship in Richmond (9/15). Deb is Regional Med Dir for Blue X - Blue Shield of Fla, interacting w/ physicians, hospitals, & clients & having a leading role in quality control.

Ben Wall (97) – staying busy. Serves on board of directors for NCBOT. Coaches son (Henry) in soccer, enjoys fishing, paddle boarding, & hoping Danny Manning can revive the deacons.

Doug Wisor (98) – works w/ “National Spine & Pain” practice in Richmond.

Aaron Twigg (98) - Enjoying life in Maryland in private practice w/ Allison, 3 kids, two horses, 2 dogs.

Jeff Johns (99) - Selected as VP of Academy of SCI Professionals (ASCIP), and now on the Governing Board.

David Ripley (00) - Promoted to Asso Prof, Dept PM&R, Northwestern Univ SOM

Jason Frankel (05) - Elected President of Spaulding Rehab Network medical staff & also to participate in Brigham & Women's Leadership Training program.

Shane McNamee (06)- Started as Dir. of Development in Health Solutions Management office w/i Cleveland VHA, guiding development the VA's next EHR

Katia Santos (06). Enjoyed her 40th birthday in Sarasota Beach w/ family

Aaron Jones (09) – and Katherine & Logan welcomed Harper 12/15

Fred Dery (09) - recovered well from RTC surgery & back to lifting weights, tennis, skiing

Amit Sinha (11) and Priyanka - welcomed new daughter (Ishanvi)

Jason Edinger (11) - Passed Electrodiagnostic Subspecialty boards. Awesome!

Steve Jackson (13) - Staying warm in Minneapolis. Recently on CBS mid-July, partnering w/ ReWalk

Mohammad Agha (13) - had 3 abstracts at AAPM&R meeting

Jeff Zeckser (14) and Nicole - Welcomed new son (Arie)

Greg Condie (16) and Annalisa—welcomed new son Gibson to join Adelaide, Fielding & Graham

Sean Stockhasen (17) and Jen – Welcomed new son (Thomas)

Jack Smith (17) and Laura - Welcomed new son (Jack, Jr)

VCU PM&R & ALUMNI GET PUBLISHED!

(Recent publications by VCU PM&R & alumni)

- ⇒ **Gorgey A, Castillo C, Gater D.** Effects of SCI on Body Composition & Metabolic Profile. JSCM (37) 6, 693-702: 2014
- ⇒ **Kulkarni U, Dillard C.** “Traumatic Brain Injury Rehabilitation Medicine”. FSG eBook
- ⇒ **Agha M, Murphy D.** Eds, Guide to Musculoskeletal Injections w/ Ultrasound, Demos Med, 2015
- ⇒ **Caruso D, Tower D, Goetz L.** "Roux-en-Y gastric bypass for intractable biliary reflux in an individual with incomplete tetraplegia". JSCM 38 (4), 556-58, 2015.
- ⇒ **Cifu D,** Editor, Braddom's Physical Medicine & Rehabilitation, Elsevier, 5th ed. 2015
- ⇒ **DePalma M,** et al. Common Neck Problems. Braddom's PM&R, 5th ed, 2015; 687-710
- ⇒ **Drake, D,** et al. Integrative Medicine in Rehabilitation. Braddom's PM&R, 5th ed, 2015; 397-406
- ⇒ **Fischer J, Gorgey A, Goetz L.** Does Upper Extremity Training Influence Body Composition after SCI? Aging Dis 2015, 6(2).
- ⇒ **Goetz L,** et al. Bladder Dysfunction. Braddom's PM&R, 5th ed, 2015; 427-48
- ⇒ **Goldman R, Salcido R,** et al. Chronic Wounds. Braddom's PM&R, 5th ed, 2015; 511-42
- ⇒ **Groah S,** Schladen M, Pineda C, Hsieh C. "Prevention of Pressure Ulcers Among People with SCI" PMR 7 (2015) 613-636.
- ⇒ **Hamza M,** et al. Intrathecal Boluses vs Continuous Infusion Prior to Implantation for Intractable Chronic Nonmalignant Pain. Neuromodulation. 18(7):636-49; 2015
- ⇒ **Kaelin D, Lew, H, Miller M,** Asso Eds, Braddom's Physical Medicine & Rehabilitation, Elsevier, 5th ed. 2015
- ⇒ **Klyce D,** et al. "Distinguishing Grief from Depression During Acute Recovery From SCI". Arch PM&R, 96(8), 1419-25, 2015
- ⇒ **Kreutzer J, Marwitz J,** et al. "Efficacy of Brain Injury Family Intervention". JHTR, 30(4) 249-60, 2015
- ⇒ **Lovegreen W, Murphy D, Webster J,** et al. Lower Limb Amputation & Gait. Braddom's PM&R, 5th ed, 2015; 191-224.
- ⇒ **Miller M.** History & Examination of the Pediatric Patient. Braddom's PM&R, 5th ed, 2015; 41-51.
- ⇒ **Niedzwecki C.** Cerebral Palsy. Braddom's PM&R, 5th ed, 2015; 1053-72
- ⇒ **Ottomanelli L, Goetz L** et al. Vocational rehab in SCI. Topics SCI Rehab 21(1):31-9. 2015
- ⇒ **Qutubuddin A,** et al. Degenerative Movement Disorders of the CNS. Braddom's PM&R, 5th ed, 2015; 1017-28

RESIDENTS' CORNER

VCU RESIDENTS visible at AAPM&R

Congratulations to Residents who represented VCU PM&R at the 2015 **American Academy PM&R** in Boston, MA for "Poster Presentations" (Drs. **Angel Chang, Heather Martin, Joelle Makon and Rondy Lazaro**) . Great job!

VCU PM&R SIG Update

The VCU School of Med **PM&R Student Interest Group** (SIG) has been very active with a mission of increasing awareness and opportunities related to PM&R for VCU medical students. Annual events include enhanced clinical opportunities, presentations, brochures, and fundraising. Current officers are **Edward Tobin** (President), **John Laurenzano** (VP), **Sarah Sandoval Peterson** (Secretary), **Karina Giulian Espinoza Ardiles** (Treasurer), **Kelsey Rupp** (Clinical Liaison). Thanks all!

Sports Med Coordinators

Drs. Dan Contract and Jack Smith head up PM&R **sports medicine opportunities** at VCU . Residents cover numerous sporting events including, high school football, CAA men's soccer championship (in Richmond), men's & women's soccer, volleyball & field hockey.

Residents Summarize Research

Drs. Anne Eliason and Sean Stockhausen (Regional Editors) head up a group of VCU PM&R resident contributors to **Rehab in Review**, a monthly newsletter summarizing important research in specialties related to PM&R (neurosurg, rheumatology, pain, etc). Each month VCU submits 5 articles to Rehab in Review for possible publication.

Spring 2016

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WE'RE ON THE WEB

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